



Cathedral Provincial Park

Trail Conditions Report Updated: [July 06, 2015](#)

Please Note the Following Information:

Caution:

Unpredictable weather may occur at any time of year. Be prepared for thunder storms, snow, low cloud causing poor visibility or an unexpected overnight stay.

Natural hazards, including dead standing trees, exist throughout the park. New wind-falls may be encountered on any trail after any recent high-wind event

Backcountry Camping Fees are:

- \$10.00 per person / night (persons 16 years of age and older)
- \$5.00 per child / night (persons 6 - 15 years of age)
- There are three well-defined access hiking trails into the park. Hikers will require at least a full day to hike one-way into the core area.
- Short cutting switchbacks on trails or walking off the trails damages plants and soil structure causing erosion. Rocks and debris may also fall on hikers below. Help in the conservation of the parks natural values, your safety and the safety of others, Please stay on the designated trails and obey posted signs.
- In addition to the hiking trails listed below there are several cross-country routes. These routes are unmarked and should only be attempted by experienced, well-equipped hikers with proper foot wear, map-reading and route finding skills.
- Garbage removal service is not available in Cathedral Park. Please help by packing out all your garbage as well as any garbage you may encounter left behind by others.
- **Fires are only allowed in the designated fire rings at Quiniscoe Lake**
- **Dogs are prohibited in Cathedral Park.**

Trail Difficulty Definitions

The ratings are determined based on the length of the trail section, change in elevation and trail type for the average Park Visitor.

Trail Difficulty Rating:

E - Easy; **M** - Moderate; **S** - Strenuous

Trail Type Rating

Type I: 1.5 to 2.5 m wide, paved, crushed gravel or board walk, less than 10% grade.

Type II: 1.5 m wide, gravel surfacing in wet areas, up to 15% grade.

Type III: 0.5 m wide, grade greater than 15%

Type IV: up to 0.3 m wide, lightly used wilderness trail, tread as worn not grubbed out, infrequent maintenance.

	Estimated Distance one-way (KM)	Estimated time one-way (hours)	Estimated Elevation gained (meters)	Trail Type	Rate	Trail Condition	COMMENTS/ Trail safety Information
Easy Trails							
Quiniscoe lake trail	2 km	30 min	Very little	II	E Well Defined	OPEN	Beautiful views of Lake and Quiniscoe Mountain.
Quiniscoe/Lake of the woods/Pyramid trail	2 km	1 hr	20m	I	E	OPEN	
Quiniscoe to lake of the woods	1 km	30 min	30m	II	E	OPEN	
Quiniscoe to Pyramid Lake	1 km	20 min	40m	II	E	OPEN	
Quiniscoe to Scout Lake Trial	3 km	1 hr	75m	II	E	OPEN	Sections of uneven trail surfaces.
						OPEN	
Moderate Trails							
Start at Quiniscoe Lake to:						OPEN	
Diamond Trail Loop Trail	8km	4 hrs	250m	II	M	OPEN	Uneven trail surfaces. Steep slope, loose rocks and uneven footing.
Glacier Lake Trail	3km	90 min	250m	III	M	OPEN	
Strenuous Trails							
Various portions of the Rim Trail	12km	5 hrs	200m	II - III	S	OPEN	Steep slope, loose rocks and uneven footing. Route finding skills necessary.
Ladyslipper Lake Trail	7km	3 hrs	200m	II	S	OPEN	Steep slope, loose rocks and uneven footing.
Goat Lake trail	10km	4-5 hrs	150m	II	S	OPEN	Steep slope, loose rocks and uneven footing.
Lake View Mountain Trail	12km	7-10hrs	600m	III	S	OPEN	Steep slope, loose rocks and uneven footing. Route finding skills necessary.
Lakeview Trail Head to Core Area	16km	6-8 hrs	1300m	II	S	OPEN	expect windfalls across trail. Steep trail, loose rocks and uneven footing.
Wall Creek trail Head to Core Area	20km	7-9 hrs	1100m	II	S	OPEN	Steep slope, loose rocks and uneven footing.
Ewart Creek Trail Head to Core Area	28km	10-12 hrs	1740m	III	S	OPEN	windfalls across trail. Steep slope, loose rocks and uneven footing.
Routes							

Start at Quiniscoe Lake to:						OPEN	
Red Mountain Route via Glacier Lake	10Km	6 hrs	250m	III	S	OPEN	Steep slope, loose rocks and uneven footing. Route finding skills necessary.
Quiniscoe Mountain Route via Glacier Lake Trail	8km	5 hrs	500m	III	S	OPEN	Steep slope, loose rocks and uneven footing. Route finding skills necessary.
Stone City and Giant Cleft Routes Via Glacier Lake Trail	12km	7-8 hrs	500m	III	S	OPEN	Steep slope, loose rocks and uneven footing. Route finding skills necessary.
Stone City Quiniscoe Mt and Red Mt Routes via Ladyslipper Lake Trail	15 km	7-10hrs	500m	III	S	OPEN	Steep slope, loose rocks and uneven footing. Route finding skills necessary.